

Petruska Clarkson

Professor Petruska Clarkson, D. Litt. et Phil, Ph.D., Ph.D (submitted), FBPS, FBACP, C. Psychol. is a Consultant Philosopher, BPS Chartered Psychologist (organisational, counselling and clinical), UKCP registered Psychotherapist, (qualified in individual, child, couples, sex and group psychotherapy) Recognised Psychoanalytic and Psychodynamic Supervisor (BAPPS) and Chartered Management Consultant (IMC) with some 30 years' international experience, who has more than 200 professional publications (23 languages) in these fields. She is also a qualified Reiki Master and is extremely skilled in facilitating others into writing and publishing their work - as well as achieving their unique goals.

Petruska has had extensive training and supervision and been in teaching/supervisory positions for decades (and/or had *personal* experience of therapy) in all the major 'schools': Psychoanalysis, Jungian analysis, Cognitive Behavioural Therapy, Rational Emotive Therapy, Personal Construct Therapy, Family Therapy, Sex Therapy, Crisis Intervention and Solution-focused, Systemic (and Narrative) Approaches, Rogerian Person-centred Approaches, Integrative Psychotherapy, Phenomenology and Existentialist Approaches, Humanistic approaches, Tavistock, Relational and Interpersonal approaches, Hypnotherapy, Transpersonal psychotherapy approaches, Psychodrama, Creative Arts Therapies, Multi-cultural approaches, Gestalt and Experiential approaches, Transactional Analysis (TA), Bioenergetics, Philosophical Counselling, NLP and EMDR.

She has had a great deal of media experience frequently on radio and being quoted in the popular press (from The Times to Cosmopolitan) featured in webcast debates and internet sites (Ananova and Big Brother) and has appeared on various TV programmes (from Jon Snow's Channel 4 programme and Sky News to Trisha, Esther, Killroy and Ruby Wax.)